













WE CREATE YOUR EVENT





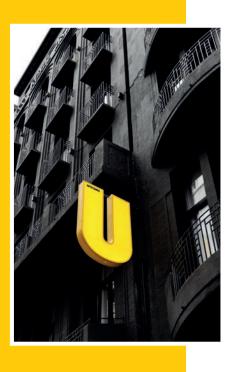
Upstairs Hotel is ideally located, on the seafront and close to the beach. Explore the cosy restaurants, the exciting nightlife, the fisherman's quay and port in the nearby town centre.



Come and immerse yourself in the wonderful atmosphere. Upstairs Hotel is the place to be in Ostend thanks to its unique urban character, its original interior, the competitive prices and an inviting atmosphere.

There are four meeting rooms available, as well as social hubs. We have also space available for hard workers with cosy meeting corners.

Upstairs Hotel is the ultimate place for world travellers, city trippers, artists, creative individuals, or simply local residents to come together. In short, a place where everyone is welcome!



Sales team Upstairs Hotel

UPSTAIRS



MEETINGROOMS



Upstairs Hotel offers **3 meeting rooms** with a unique atmosphere. Each meeting room offers **all the necessary facilities** and is equipped with air conditioning.

There is also a common meeting space where presentations can be given.

In addition to the standard meeting rooms, Upstairs Hotel also has **many open work spaces** where individual brainstorm sessions or meetings can take place.



Facilities

- glassboard & markers
- water: still and sparkling
- pen and paper
- FullHD TV with HDMI
- smartphone charging station
- · superfast internet wifi
- airconditioning
- music installation (on request)
- wireless speakerphone (on request)
- portable laptop (on request)
- conference room camera system (on request)
- microphone (on request)



UPSTAIRS
HOTEL

MEETINGROOMS

UPTOWN



6,5 × 5 m



DOWNTOWN





CENTRAL

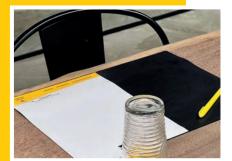


7,5 × 4,5 m 15











UPTOWN



6,5 × 5 m 15



Uptown uplifts ideas and inspires the people you work with. The meetingroom is equipped with all necessary facilities and offers space for 15 people with a view above 'The Pitt'.

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- airconditioning
- music installation (on request)
- wireless speakerphone (on request)
- portable laptop (on request)
- internet cable





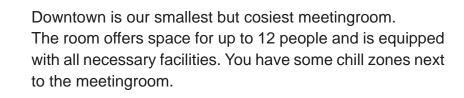




7 7 × 3 m



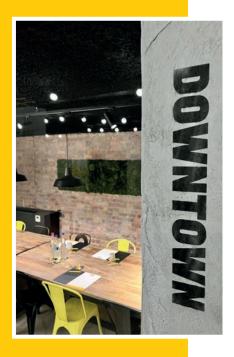
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CENTRAL

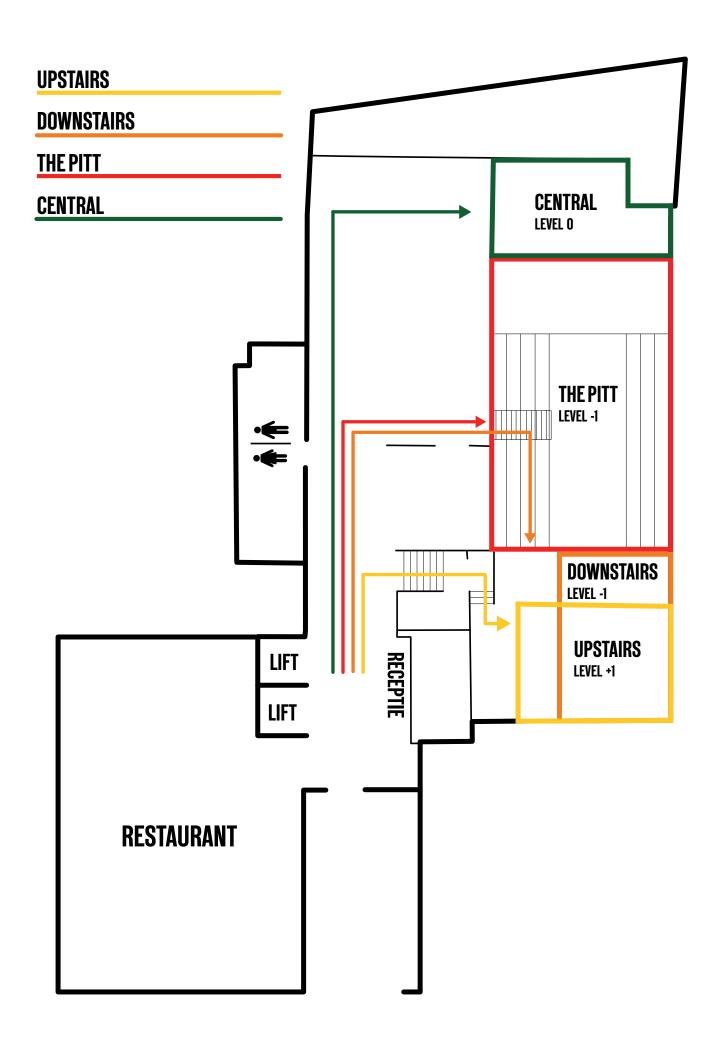
7,5 x 4,5 m 15



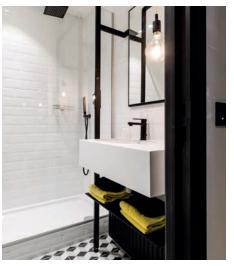
Our central meetingroom offers space for 15 people with all the necessary facilities. From this room you have an excellent view on our Upstairs Slide. Meetings shouldn't be boring, right?

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- portable laptop (on request)















ACCOMODATION

SMALL

☐ 14 m²

These rooms have comfortable twin beds, own bathroom with shower, a smart TV and ultra-fast internet. Highly suited to those who believe less is more!

MEDIUM

20 m²

All medium rooms have a luxuriously twin bed, own bathroom with shower, a smart TV and ultra-fast internet. Ideal for creatives who crave a heavenly night's sleep!

LARGE

25 m²

These rooms are light and spacious and offer both privacy and luxury with an urban décor! All rooms have a luxuriously twin bed, own bathroom with shower and ultra-fast internet. Ideal for creatives who need room to blossom!

X-LARGE

☐ 30 m²

Looking for extra space? Book an XL room with two separate double rooms with a twin bed and a king-size bed, own bathroom with shower and own receiver for ultra-fast internet. Ideal for a longer stay!

THE ROOF

ቯ[26 m²

The Roof is much more than a room. You can enjoy a breathtaking view of the Ostend skyline and the Northsea. The Roof offers a king-size bed, a spacious bathroom, an exclusive urban interior and a large terrace – the ideal spot for the aperitif!

GOOD MORNING, BREAKFAST

Breakfast is the most important meal of the day. At Upstairs Hotel, we offer the best of all that you require – sweet, savoury, healthy and nutritious.

We place great emphasis on organic and sustainable ingredients. Our selection is based on the seasons so we can offer a fresh and balanced breakfast.

Monday - Sunday: 7:00 to 11:00



We can offer you a delicous meal that meets all your wishes. You just have to inform us about special diets or allergies. Enjoy everything that our kitchen has to offer. You can choose between fingerfood, salads, soup,... Whether you're indulging on your own or sharing with friends, you're in the right place!

Lunch or dinner?

UPON REQUEST

EXCELLENT SERVICE

A special cocktail, a Belgian trappist or a healthy smoothie? Enjoy the relaxed atmosphere of the Upstairs Bar. Here, excellent service, music and enjoyment are paramount. In the meanwhile, enjoy our urban jams through the speakers!

UPON REQUEST























TEAMBUILDING

Work hard, play harder!

After a long day of meetings, it's important to keep the spirit high. With a perfect location, located in the center and near the beach, you can enjoy countless activities and incentives.

We work closely with established event companies to bring you unique and unforgettable events to uplift and inspire the co-working of you and your colleagues.

NEED SOME INSPIRATION?

we have a wide offer of unique events and teambuilding incentives.

2PK Rally
Powerboat Xperience
Guided bike tours
Catamaran initiation
City Games
Chocolat workshop
Teambuilding Sailing
Laughyoga
Go-cart Tour
Safety Challenge

Family Day
Teambuilding on the beach
Virtual Reality workshop

Sushi workshop

Buggy Rally

Vespa Tour

UPSTAIRS LEAD THE WAY

BY CAR

Take the A10 and follow the signs to the city centre until you reach the Kursaal-Casino. Turn right at the Tourism office and then take the second street left. This is the Hertstraat where Upstairs Hotel is located.

BY TRAIN

Take the train to Ostend. A taxi ride to the hotel costs about €10. You can also take the tram 0 to the Marie Joséplein. Of course, you can also go by foot.

PARKING

Upstairs Hotel doesn't offer own parking spots. You can use the countless parkings around the city centre. Outside the center you can find free parking spots:



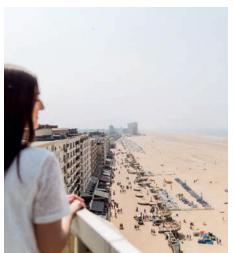


FLOW OFFERS SCALABILITY



BIGGER GROUPS

Do you need meetingrooms with bigger capacity?
We gladly offer spacious meeting rooms in
C-Hotels Andromeda, only 200m from Upstairs
Hotel.





ANDROMEDA

This 4-star hotel offers everything for a great conference. From 20 to 150 people. Besides 7 meetingrooms, of which some have breathtaking seaview, the hotel has much more to offer!

Enjoy spacious seaview rooms, a wellness with sauna, spa and swimming pool, an amazing contintental breakfast buffet, a seaview bar...





VIA FLOWHOSPITALITYGROUP.BE









ROSA